



# Rigby Menu

Lunch served 11.30am – Close

Please order at the till quoting your table number. Please let staff know if you have any allergies or dietary requirements when ordering.

## MAINS

|  |      |
|--|------|
| <b>Fish &amp; Chips</b> <sup>932kcal</sup><br>Freshly battered cod & chips   | 9.50 |
| <b>Add Mushy Peas</b> <sup>62kcal</sup>  | +50p |
| <b>Add Gravy</b> <sup>196kcal</sup>  | +50p |
| <b>Add Curry Sauce</b> <sup>173kcal</sup>  | +50p |
| <b>Bangers &amp; Mash</b> <sup>765kcal</sup><br>Thick pork sausages served with creamy mash & homemade gravy   | 8.75 |
| <b>Scampi &amp; Chips</b> <sup>750kcal</sup><br>Breaded wholetail scampi served with chips & garden peas   | 8.75 |
| <b>Chicken Tenders</b> <sup>625kcal</sup><br>Fried Buttermilk chicken tenders, served with chips & a side salad  | 8.75 |
| <b>Giant Yorkshire Pudding</b> <sup>985kcal</sup><br>Our secret recipe Yorkshire pud, served with roast meat of the day & homemade gravy                                       | 9.50 |
| <b>Hot Roast Sandwich</b> <sup>940kcal</sup><br>Served on a floured white bread cake with chips, homemade gravy & Stuffing<br>See our staff for the hot roast meat of the day. | 9.25 |

## CHICKEN FLATBREADS

Your choice of marinated chicken breast served on a naan flatbread with mayonnaise, lettuce, tomato & red onion served with a small side salad.

|  |       |
|--|-------|
| <b>Spicy Cajun mayonnaise</b> <sup>599kcal</sup> | 6.95  |
| <b>Ranch Dressing</b> <sup>599kcal</sup>         | 6.95  |
| <b>Add Chips</b>                                 | +3.00 |

**BEST SELLER!**

Please see our staff for up-to-date allergen information, please note that our kitchens handle ingredients containing the 14 main allergens so we cannot guarantee that our foods are 100% free from.

Please be advised that adults need around 2,000 kcal a day.

## TOASTED TORTILLA WRAPS

**Southern Fried Chicken Goujons** <sup>625kcal</sup> 5.95  
Lettuce tomato & red onion served in a tortilla wrap with a small side salad.  
Choose a sauce: Mayo, Smokey BBQ or Sweet Chilli

**Halloumi & Sweet Chilli** <sup>644kcal</sup> 5.95  
Pan fried halloumi cheese & sweet chilli sauce, lettuce, tomato & red onion with a small side salad.

**Add Chips** +3.00

## SANDWICHES & WRAPS



Made fresh to order on white or wholemeal bread cake or a tortilla wrap, served with a small side salad.

|  |       |
|--|-------|
| <b>Plain Tuna</b> <sup>150kcal</sup>           | 4.00  |
| <b>Tuna Mayonnaise</b> <sup>346kcal</sup>      | 4.00  |
| <b>Cheese</b> <sup>400kcal</sup>               | 4.00  |
| <b>Ham</b> <sup>324kcal</sup>                  | 4.00  |
| <b>Vegan Mature Cheddar</b> <sup>180kcal</sup> | 4.00  |
| <b>Add Chips</b>                               | +3.00 |

**\*WE HAVE GLUTEN FREE BREAD AVAILABLE**

## JACKET POTATO



Freshly baked jacket potato served with choice of filling and a little side salad. <sup>164kcal</sup>

|  |      |
|--|------|
| <b>One filling</b>                                   | 5.95 |
| <b>Two Fillings</b>                                  | 7.95 |
| <b>Cheese</b> <sup>342Kcal</sup> <b>GF</b>           |      |
| <b>Vegan Mature Cheddar</b> <sup>180kcal</sup>       |      |
| <b>Plain Tuna</b> <sup>179Kcal</sup> <b>GF</b>       |      |
| <b>Tuna Mayo</b> <sup>439kcal</sup> <b>GF</b>        |      |
| <b>Baked Beans</b> <sup>130kcal</sup> <b>V-GF-DF</b> |      |
| <b>Homemade Chilli</b> <sup>242kcal</sup>            |      |
| <b>Coleslaw</b> <sup>195kcal</sup>                   |      |



## HOT SALADS

**Ranch** <sup>519kcal</sup> 7.95

Fried Chicken, lettuce, tomato, red onion, cucumber, croutons & Coleslaw topped with Ranch Dressing

**Cajun** <sup>500kcal</sup> 7.95

Fried Chicken, lettuce, tomato, red onion, cucumber, croutons & Coleslaw topped with Cajun mayonnaise dressing

**Halloumi & Sweet chilli** <sup>542kcal</sup> 7.95

Pan fried Halloumi, lettuce, tomato, red onion, croutons & coleslaw topped with sweet chilli sauce

## DIP POTS

**Garlic & Herb Mayonnaise** <sup>78kcal</sup> 60p

**BBQ Sauce** <sup>45kcal</sup> 60p

**Sweet Chilli** <sup>48kcal</sup> 60p

## DAILY SPECIALS

**Homemade Soup of the day** 5.00

Served with crusty bread. See our staff or specials board for the soup of the day.

**Soup & Sandwich** 7.95

A bowl of our soup of the day served with a freshly made sandwich of your choice.

## SIDES

**Chips** <sup>586kcal</sup> 3.50

**Seasoned Cajun Fries** <sup>598kcal</sup> 3.75

**Sweet Potato Fries** <sup>474kcal</sup> 4.95

**Onion Rings** <sup>726kcal</sup> 4.50

**Mozzarella Sticks** <sup>2456kcal</sup> 4.95

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## DESSERTS

Served with either ice-cream or pouring cream

|                       |      |
|-----------------------|------|
| Chocolate Fudge cake  | 4.50 |
| Bakewell Tart         | 4.50 |
| Apple Pie             | 4.50 |
| Lemon Meringue        | 4.50 |
| Toffee Crunch Pie     | 4.50 |
| Cheesecake of the day | 4.50 |

## KIDS MENU

### MEAL & DRINK 6.50

#### MAINS

|   |
|---|
| 2oz Burger <sup>248kcal</sup>                 |
| Cheese Burger <sup>278kcal</sup>              |
| Fish Fingers <sup>502kcal</sup>               |
| Chicken Nuggets <sup>546kcal</sup>            |
| 5" Cheese & Tomato Pizza <sup>279kcal</sup> ▼ |
| Cheese Sandwich <sup>380kcal</sup>            |
| Ham Sandwich <sup>350kcal</sup>               |
| Tuna Mayo Sandwich <sup>390kcal</sup>         |
| Sausage <sup>280kcal</sup>                    |

#### SIDES

|                                  |
|----------------------------------|
| Potato Fries <sup>293kcal</sup>  |
| Mashed Potato <sup>139kcal</sup> |

#### EXTRAS

|  |
|--|
| Baked Beans <sup>65kcal</sup>              |
| Garden Peas <sup>55kcal</sup>              |
| Carrot & Cucumber Sticks <sup>38kcal</sup> |

#### DRINK

|                                |
|--------------------------------|
| Orange or Blackcurrant Cordial |
|--------------------------------|

Sunday  
Lunch  
without  
the  
stress...

let us take  
care of it.

EVERY SUNDAY AT RIGBY  
CAFE METRODOME

Scan the QR code to book



Planning your special  
day or next big event?

Our experienced team  
will work with you  
every step of the  
way to ensure your  
wedding or event  
is everything you  
dreamed of and  
more.

To book a tour or to pop in for a  
chat about what we have to offer  
email [bookings@bpl.org.uk](mailto:bookings@bpl.org.uk)

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